

The

VOICE

of UPMC Shadyside 2016

UPMC Shadyside celebrates 150 years

Thousands of dedicated, talented people have turned a 38-bed hospital into one of Pittsburgh's great medical institutions. In these pages, we are proud to introduce a few of them.

“We learn so much from our patients”



Steven Evans, MD, truly understands the journey that cancer patients and their families travel. A surgeon who specializes in breast cancer, he is the son, brother, and nephew of family members who have had cancer. His wife, Cynthia Duarte-Evans, MD, died of colon cancer in 2015.

“I have experienced fully how extremely well UPMC Shadyside and the Hillman Cancer Center take care of the whole patient,” Dr. Evans says. “It’s more than managing the disease. It’s focusing on whatever is going to enhance each person’s whole quality of life. And that’s impactful,” says Dr. Evans, a trained baritone who often sings “Amazing Grace” with his own patients to calm their anxiety before surgery.

“Cynthia was part of every decision that was made about her care. That could not have happened as it did without the structure and the people who make the Hillman what it is. That’s my personal experience. Would I refer anyone to this institution? Absolutely, just because of all of that.”

Dr. Evans, a director of the Shadyside Hospital Foundation, served as president of the Shadyside Medical Staff soon after the merger with UPMC. “I was never concerned about how we would achieve this large integration of academic and private-practice physicians, because when I was a surgical oncology fellow at the National Cancer Institute, the research physicians were immersed with the clinical physicians to provide the best care,” he says. “That was our model, and it worked fine. It informed me that our merger here could work. And it has worked.”

Dr. Evans believes that the Hillman Cancer Center and UPMC Shadyside’s strong cancer service have upgraded care throughout the hospital. “We learn so much from our patients,” he says. “We grow with them.”

“We treat an aggressive disease with an aggressive approach”



Surgeon-scientist **David Bartlett, MD**, who dreamed of helping people with cancer even when he was a child, now directs one of the largest and most innovative cancer surgery programs in the United States. He specializes in complex procedures that deliver chemotherapy directly into the abdominal cavity, into the liver, and into the limbs — a pioneering approach he helped develop at the National Cancer Institute.

“We treat an aggressive disease with an aggressive approach,” says Dr. Bartlett, vice chairman for surgical oncology and gastrointestinal services at UPMC; chief, Division of Surgical Oncology, UPMC CancerCenter; and chief of the Division of Surgery at UPMC Shadyside. “We have

probably the only program in the world that does all three of those kinds of regional therapies, and I believe we do more of this surgery at Shadyside than any hospital in the country.”

Dr. Bartlett and his colleagues also are leaders in Robotic Surgical Oncology, a unique approach that offers the benefits of minimally invasive surgery for the challenging procedures they perform.

In addition to his surgery, Dr. Bartlett directs a research laboratory that explores virotherapy, an emerging field that uses viruses to infect and destroy cancer cells.

Herbert J. Zeh, MD

“I’m always looking for the biggest challenge”



Herbert J. Zeh, MD, first decided to become a surgeon when he was eight years old—and visiting Shadyside Hospital in the company of heart surgeon William B. Ford, a family friend.

Today, the nationally known Dr. Zeh is chief of the Division of Gastrointestinal (GI) Surgical Oncology at UPMC Cancer-Center. He specializes in pancreatic cancer and practices state-of-the-art robotic technology. Robotic surgery requires only small incisions and offers faster recovery after the operation.

“I’m always looking for the biggest challenge,” says Dr. Zeh. “I decided to return home to Pittsburgh and to Shadyside because, with the Hillman Cancer Center here, we are a world-class cancer center. There is constant intellectual back-and-forth among the surgeons, the medical oncologists, nurses, and researchers, always with the goal of improving care. From our research labs come opportunities for clinical trials of new, promising cancer treatments.

“What I am trying to do is help patients by taking the best new ideas to the bedside. I can do that here at Shadyside.”